AV KANTHAMMA COLLEGE FOR WOMEN, HASSAN

STUDENT COUNSELLING CELL

2024-2025



On 19.05.2025, the Student Counselling Cell encouraged students to understand themselves, identify the issues affecting them, and seek appropriate guidance to resolve their problems. These problems may be personal, emotional, social, family-related, academic, or related to other sensitive matters.

One of our college student, Priyanka H.K., was facing mental and physical health problems and was registered with the Counselling Cell. Dr. Deepashree was invited by the Student Counselling Cell to provide counselling. The student was advised to follow a healthy diet and practise yoga and meditation regularly. With the guidance provided, the student was able to take better care of her health.

Similarly, Priyanka H.K. and Sahana faced adjustment difficulties and feelings of loneliness. The Counselling Cell guided them on how to interact confidently and mingle with their classmates without hesitation. Gradually, they improved their interaction with fellow students and adjusted better to the classroom environment.

Likewise, the Student Counselling Cell has guided several students in addressing personal, health-related, financial, academic, and other problems. Through continuous guidance and support, the Cell has helped students overcome their difficulties to a considerable extent.

The Student Counselling Cell plays an important role in supporting students' personal well-being, emotional development, social adjustment, and academic progress.

Principal,
A.V.Kanthamma College for Women,
Hassan